

About Flexible Living

Flexible Living is an organisation that really understands the importance of independence among members of our elderly and disability communities.

We are committed to providing responsive and flexible support services that enhance the quality of life of the elderly, people with a disability, and their carers. Our services enable people to be a part of their community and maintain their independence for as long as possible.

Our approach

Innovative, responsive and flexible in our approach, we understand that every client is unique. We work to support and advocate in a way that gives but never gives up.

Our people

If there was one word to describe our people it would undoubtedly be 'passionate.' When you have hundreds of staff and volunteers collectively living and breathing our values, vision and mission; what you get is something truly special.

Our family of organisations



Flexible Living, is a part of an international family of organisations (Community Services Group) collectively committed to supporting and enhancing the quality of life of the most vulnerable.



Who are our Services for?

Flexible Living provides services to the elderly and people with disabilities. Certain services require eligibility under the Home and Community Care Guidelines or Veterans Home Care Guidelines.

We also offer fee-for-service.

Benefits of our Services?

- Enables people to remain independent and prolong entry into permanent care.
- Enables people to enjoy social interaction with others.
- Provides respite to carers and family members when they need it most.



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Funding

Flexible Living receives funding from the Home and Community Care (HACC) Program, Qld Department of Health and Aging and the Department of Veteran Affairs.




Aged Care

Support services that enhance the independence and quality of life of the elderly, people with a disability and their carers.



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Our focus is on the empowerment of the individual through respecting decisions and choice making, promoting dignity, developing skills, encouraging independence, integration into the community and respecting the rights and roles of all human beings.

Centre Based Services

The Respite Program - The aim of this program is to encourage social inclusion and to provide carers with a break from their caring role. The program helps to prevent premature placement in long term / permanent residential care.


The Saturday Program - Provides quality recreation opportunities for young people with a disability, enabling carers to have some time out so they can continue in the caring role for longer.

In the Community

Allied Health - Services offered include podiatry, dietary advice and occupational therapy. We also offer a variety of workshops such as nutritional cooking and gentle exercise programs. We have a social worker at the centre.

Home Based Care

Social Support - Offered to people who are unable to meet appointments due to lack of transport or support. Social Support is also offered to people who are geographically and socially isolated and need to leave their home environment to interact with and belong to their local community.



Personal Care - Offered to people who are finding it difficult to maintain their personal hygiene due to illness, frailty or other circumstances. This program is developed to help the client to maintain their independence. Our staff are friendly and caring people, who will at all times respect the modesty and dignity of all our clients.

In-Home Respite - A program that is designed to allow the carer to take a break from the caring role, whilst still maintaining the client's daily routine within their own home. Our staff are friendly and are fully qualified to provide quality care respite services.

Domestic Assistance - Offered to people who are finding it difficult to fulfil the daily chores within the household. This includes shopping, preparation of the evening meal and cleaning duties. This program is designed to maintain independence and prevent premature entry into residential care.

Veteran Services

Veterans Home Care is a program that provides low level home care services to eligible Veterans and war widows/widowers in their own homes.

Domestic Assistance - Includes assistance with domestic chores, such as household cleaning, dishwashing, bed making, clothes washing, ironing, shopping for the Veteran and bill paying. Domestic assistance may include help with meal preparation if this service is not being provided separately. In rural and remote areas, domestic assistance may also include activities such as collecting firewood.

Personal Care - Includes assistance with daily self-care tasks, such as eating, bathing, toileting, dressing, grooming, getting in and out of bed and moving about the house.

Respite Care - Designed to provide relief for a carer who has the responsibility for a person requiring ongoing care, attention or support and may be used in times of unavailability of the carer for any reason. It gives the regular carer a chance for some much needed rest and relaxation.

Respite Care may be provided in different ways depending on the individual situation. Care may be provided in-home; in an Australian Government-funded aged care home; or as emergency respite care in the home.

Home and Garden Maintenance - Designed to minimise environmental health and safety hazards that impact on the Veteran. It may involve minor maintenance or repair work, which may be carried out by a handyman, but that does not require a qualified tradesperson. Tasks may include changing light bulbs and tap washers, installing batteries in smoke alarms, gutter or window cleaning, general yard clean up where a safety hazard presents, clearing of debris following natural disasters, or other tasks within the approved hours of service.

Coordinated Veterans' Care (CVC) Social Assistance - CVC social assistance is a short-term intensive service which is designed to (re) engage participants in community based activities and to meet a Veteran's or war widow/widower's need for social contact and/or accompaniment to a social activity in order to participate in community life. To arrange an assessment or to enquire if you are eligible for VHC services, contact the VHC assessment agency on 1300 550 450.

